

# EQUESTRIAN CANADA NCCP COACH ELIGIBLE PROFESSIONAL DEVELOPMENT ACTIVITIES

Professional development is the strategy used to ensure that educators continue to strengthen their practice throughout their career. Professional Development (PD) Activities are one of the updating requirements to maintain Coach Certification. Points may be obtained from a variety of acceptable activities.

A coach's professional development is tracked in cycles of 5 years, with the first 5 year cycle beginning the calendar year following the year that certification was achieved within. Over each 5 year cycle, the following professional development points are required:

- Instructor 10, points
- Competition Coach & Competition Coach Specialist, 20 points
- High Performance 1, 30 points

**If the required updating requirements are not complete, coaches certification status will not be renewed.**

The chart is broken into two types of PD:

- 1) Organization Reported Professional Development (PD) which is recorded by the host organization (PTSO, EC, etc).
- 2) Self-reported Professional Development (PD) which is recorded in the CAC Locker by the coach

Organization-Reported Professional Development		
Activity	Points	Limitations
<i>Category: First Aid</i>		
First Aid/CPR Renewal in person (online renewal is not eligible for professional development) <b>(Multi-Sport Non-NCCP Activity)</b>	2 points every 3 years	No points for online renewal
<i>Category: Coaching Skill or Human Athlete Development: NCCP/Provincial/National Courses</i>		
NCCP multi-sport courses/tasks <b>(Multi-Sport NCCP Activity)</b>	Up to 5 points/module or evaluation	No Maximum
NCCP Equestrian Specific courses: EC NCCP Equestrian Specific Modules, Competition Coach workshop, High Performance training, etc. <b>(Sport-Specific NCCP Activity)</b>	Up to 5 points/module or evaluation	
PTSO Organized/Hosted Clinics (Participating/ Auditing): For example: human athletic development Human Athlete Sports Psychology, Kinesiology, Human or Equine Sport Nutrition, Conditioning and Fitness <b>(Sport-Specific Non-NCCP Activity)</b>	1 point/hour. 3 point maximum per activity	
PTSO sessions on teaching and coaching techniques (human athlete). Coaching techniques must be specifically emphasized. <b>(Sport-Specific Non-NCCP Activity)</b>		
Active participation in <b>Courses/Clinic/workshops</b> (online or in person) on teaching and coaching techniques (human athlete). Coaching techniques must be specifically emphasized. Course/Clinic/Workshop Description and Signed Updating Form must be submitted to the PTSO Office. Auditing lessons/clinics delivered by another coach will <b>not</b> be eligible <b>(Non-NCCP Activity)</b>	1 point/hour. 3 point maximum per activity	10 Points Maximum
Provincial/National Coaching Association general multi-sport coaching/athlete development courses <b>(Multi-Sport Non-NCCP Activity)</b>		



<b>Category: National, Provincial/Territorial Symposia</b>		
Equestrian Canada Symposium/ attending EC Convention as a Delegate or PTSO Organized Symposium/Provincial Update ( <b>Sport-Specific Non-NCCP Activity</b> )	1 point/hour. 3 point maximum per activity	No Maximum
Canadian Sport for Life/Coaching Association of Canada: LTED training, conference, workshops (ex: Sport Leadership, CS4L National Conference) ( <b>Multi-Sport Non-NCCP Activity</b> )	1 point/hour. 3 point maximum per activity	10 Points Maximum
<b>Category: Broad Sport/Coach Development</b>		
PTSO/EC Organized Judges and Officials course designer clinics ( <b>Sport-Specific Non-NCCP Activity</b> )	1 point/hour. 3 point maximum per activity	No Maximum
Equine Guelph Horse Portal, – Completion Certificate must be forwarded to PTSO EC Campus E-learning Other Equine/Equestrian Specific E-learning may be accepted if approved by the PTSO. ( <b>Sport-Specific Non-NCCP Activity</b> )	1 point/hour. 3 point maximum per activity	No Maximum
PTSO Partnered Coaching, Athlete, or Equine Development Activities may be pre-approved (Limited) ie: limited points for delivery of NCCP courses ( <b>Non-NCCP Activity</b> )		Maximum Dependent on Activity Type
<b>Self-Reported Professional Development</b>		
<b>Activity</b>	<b>Points</b>	<b>Limitations</b>
<b>Category: Active Coaching</b>	1 point/year	5 point maximum per 5 year cycle
<b>Category: All Other Professional Development not listed previously</b> Examples: <ul style="list-style-type: none"> <li>• Mentoring directly with another Coach on coaching techniques from the same sport or an alternative sport</li> <li>• Other Athlete Development Clinics: Sports Psychology, Kinesiology, Sport Nutrition, Conditioning and Fitness</li> <li>• Interactive Auditing of Clinics: clinic or workshop with direct interaction with clinician (sports psychology, biomechanics, kinesiology, sports nutrition, etc.)</li> <li>• Completing Courses: Human Athlete Sport Psychology, Kinesiology, Sports Nutrition, Conditioning and Fitness, Coaching/Leadership, etc</li> <li>• Personal athletic development – must be coached - (Riding Lessons, other sports, or personal training, etc)</li> <li>• Equine Development – Equine nutrition, biomechanics, other equine physiology/sport science, equine health workshops (Farrier, massage, chiropractic, other professional presentations or workshops)</li> <li>• Clinics in FEI equine disciplines</li> <li>• Non-FEI discipline and alternative training clinics</li> <li>• Other organizations equine online accredited courses (ex: Equine Guelph, University, College, Department of Agriculture “recognized” equine institutions, etc)</li> <li>• Acting as a Mentor Coach or Volunteering in a capacity that provides a new learning environment for yourself (Para-Equestrian, 4H, Pony Club, Therapeutic Riding, Youth Groups, Senior Groups, etc)</li> <li>• <b>Other Self-Directed Professional Development Learning Opportunities</b></li> </ul>	1 point/hour	3 point maximum per 5 year period